



**The King's University College
Eagles Athletics**

**Athletics Handbook
2011-2012 Edition**

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ACAC Operating Code - see the ACAC Web page for details at: <http://www.acac.ab.ca/publications>



Introduction

“Where there is no vision, the people are unrestrained, but happy is he who keeps the law” (Proverbs 29:10 NASB). Our purpose as believers is to model and share God’s vision for eternity with others. When people fully understand God’s heart, they will joyfully follow Him.

At The King’s University College, **our mission** is “to provide university education that inspires and equips learners to bring renewal and reconciliation to every walk of life as followers of Jesus Christ, the Servant-King”.

The test of whether or not this mission is being fulfilled in the lives of students while they attend university is demonstrated by how they live their lives outside of the classroom. One area in particular where it is easy to see a person’s character is in the sports arena: “You will know a man more in one hour on the games field than you will in ten hours of conversation” (Plato).

The Athletics Department at King’s desires to train student-athletes to use their gifts and abilities in sports to honour God, serve others and practice truth.

- **Honour God** – “Let your light shine before men in such a way that they may see your good works, and glorify your Father who is in heaven.” (Matthew 5:16)
- **Serve Others** – “If therefore there is any encouragement in Christ, if there is any consolation of love, if there is any fellowship of the Spirit, if any affection and compassion, make my joy complete by being of the same mind, maintaining the same love, united in spirit, intent on one purpose, Do nothing from selfishness or empty conceit, but with humility of mind let each of you regard one another as more important than himself; do not merely look out for your own personal interests, but also for the interests of others.” (Philippians 2:1-4)
- **Practice Truth** – “Finally, brethren, whatever is true, whatever is honourable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise. let your mind dwell on these things. The things you have learned and received and heard and seen in me, practice these things; and the God of peace shall be with you.” (Philippians 4:8,9).

King’s University strives to be an academic community, which integrates the Christian faith with teaching, learning, research, and college life, in an environment characterized by academic excellence and a personal approach to students.

ARTICLE 1. MISSION STATEMENT

The Athletics Department at The King's University College exists to provide opportunities for participation in physical activities and intercollegiate athletics in order for students to challenge one another to grow in all aspects unto Christ our King.

SECTION 1.01 INTERCOLLEGIATE ATHLETICS DEFINED

Intercollegiate athletics includes those sports that lead either to National Collegiate Championships with the Canadian Collegiate Athletics Association (CCAA) or to Conference Championships with the Alberta Colleges Athletic Conference (ACAC), with those participants referred to as "student-athletes."

SECTION 1.02 PHILOSOPHY OF INTEGRATION OF FAITH & SPORT

King's University seeks to achieve both academic and athletic excellence through the Intercollegiate Athletics Program. We intend that our student-athletes will work together, serve one another through their athletic participation, honour God in realizing their God-given abilities, care for their bodies as part of God's creation and ultimately experience the celebration of the Holy Spirit through their play. We believe athletic participation on an intercollegiate team will provide student-athletes an opportunity to grow holistically in mind, body, and spirit (Luke 2:52). This will allow them to learn the importance of hard work, integrity, self-control, creative thinking, healthy living, responsibility to a group; all that relates to the integration of their faith and their sport. Through it all they will develop lifetime skills and gifts such as leadership, teamwork, sportsmanship, Christ-like living, and selflessness as well as community service that they will utilize long after their playing career is over.

"Don't let anyone look down on you because you are young, but set an example for the believers in speech, in life, in love, in faith, and in purity." (I Timothy 4:12)

The King's University College Athletics Department Core Values

1. A student-athlete understands that it is a privilege to represent King's.
2. All student-athletes at The King's University College are treated as equals who are encouraged to be active members in the campus community.
3. As Christians and ambassadors of a Christian University, a student-athlete will hold himself/herself to a high moral and academic standard at all times.

SECTION 1.03 PROGRAM OF INTEGRATION OF FAITH & SPORT

The King's University Athletics Department seeks to assist athletes with the growth process of integrating their faith with sport.

1. Chapel Attendance: Every Wednesday at noon, there is a chapel service held in the atrium for all students, staff and faculty to attend and fellowship together as a community.
2. Worship 937: This is an opportunity for students to meet once a week, on Wednesdays at 9:37pm to worship together in the Student Activities Centre.
3. Leadership Sessions: Once a month captains/leaders from each team will meet with Athletics Staff to encourage and challenge each other in their faith. These meetings will take place at noon on Mondays and are open to all student-athletes interested in developing leadership skills.

SECTION 1.04 COMPLIANCE COMMITMENT

The King's University College Athletics Program is committed to operating in compliance with all the college policies and regulations in addition to all the rules of the sport, the Alberta Colleges Athletic Conference (ACAC), the provincial sport organizations, the Canadian Collegiate Athletic Association (CCAA) and any other association or governing body in which The King's University College is a member.

SECTION 1.05 THE ALBERTA COLLEGES ATHLETIC CONFERENCE

The Alberta Colleges Athletic Conference (ACAC) is the coordinating body for intercollegiate athletics within Alberta Colleges. The ACAC was founded in 1967 as the result of an increasing need expressed by several institutions in the province to develop sport, fitness and recreation opportunities. Today the ACAC member institutions can choose their programming from league and tournament sports, some leading to national championships within the Canadian Collegiate Athletics Association (CCAA).

ARTICLE 2. ELIGIBILITY

SECTION 2.01 ATHLETICS TEAM PARTICIPATION

To be eligible to play on an intercollegiate athletics team and become eligible to receive a scholarship:

1. The student-athlete must be enrolled in a minimum of three (3) credit courses totalling 9 credit hours in each semester in which they participate in ACAC competition.

2. In order to retain playing eligibility at The King's University College, all student-athletes must maintain a **minimum 2.0 GPA** for the year (both fall and winter terms). Your eligibility is based on your Annual GPA.
Eligibility is defined as follows:
Term = All Courses taken in a single term Fall or Winter.
Annual = All Courses taken in one academic year ending August 31st.
(includes Spring and Summer Sessions)
Cumulative = All Courses ever taken at King's University.

SECTION 2.02 YEARS OF ELIGIBILITY

1. A student-athlete shall have a maximum of 5 years of eligibility within the ACAC. Participation at any other college or university shall be equivalent to and deducted from the 5 years of ACAC eligibility, with the exception of participation in the Alberta Colleges Athletic League (ACAL).
2. A student-athlete shall be considered to have used one year of ACAC eligibility if he/she has participated in one scheduled ACAC contest. **The appearance of the student's name on a game report shall be interpreted as indicating participation in that game. (*Does not apply to pre-season/exhibition contests).**

SECTION 2.03 ACADEMIC REQUIREMENTS

1. ACAC student-athletes on Basketball and Volleyball teams must pass at least six (6) credits in the Fall Term to be eligible to continue in the Winter Term.
2. To be eligible to participate the following season, a student-athlete must pass (18) credit hours in an academic year. If you do not have 18 credits, you will need to take spring and/or summer courses to fulfil ACAC requirements.
3. It is the student-athlete's responsibility to make sure he or she has enough credits and the appropriate courses to graduate. Each student is assigned a Faculty Advisor to help formulate a plan to complete his/her degree in an appropriate timeframe.

SECTION 2.04 ATHLETIC PROBATION

1. Failure to raise the Annual GPA to at least 2.0 will preclude participation on an intercollegiate athletics team until such time as the Annual GPA of 2.0 is achieved. The student may have to wait until the Winter Term before he/she is eligible to play.

2. Based on specific programs at King's, student-athletes may also be placed on Academic Probation.

SECTION 2.05 FINANCIAL AID REGULATIONS

1. Some Financial Aid requires students to be enrolled in 12 or more credits per term. Students should consult the Academic Calendar and the Financial Aid Coordinator for details.
2. Student-Athletes should also be aware that some external funding requires students to move from one year of study to the next year of study in a single academic year. Student-Athletes should consult the Academic Calendar for the regulations on how many credits must be earned to move from one year of study to the next. In general, however, passing only 18 credits will **not** guarantee progressing from one year of study to the next.

SECTION 2.06 HIGHER GPA'S FOR SOME PROGRAMS

Although the minimum GPA for most programs is 2.0, your degree program may require a higher GPA. The Bachelor of Education programs and the BA/BSc in Environmental Studies programs have a higher required GPA . Students are responsible to check with their Faculty Advisor BEFORE the term begins. Any King's student who does not meet these standards will be placed on Probation and will have one more term to accomplish the required GPA or they will be asked to withdraw. Student-Athletes in these degrees may compete while on Probation but not once they are asked to withdraw. (Note that a Requirement to Withdraw may be appealed; please see the Office of the Registrar for details).

SECTION 2.07 SPRING/SUMMER SCHOOL REGULATIONS

1. Only courses offered at King's will be allowed to be taken during the Spring or Summer terms. Any Off-campus course must be pre-approved by the Registrar in order to affirm the validity of the course in conjunction with an approved "King's Degree".
2. The grades achieved in the pre-approved courses will be calculated into your GPA for ACAC participation eligibility. **HOWEVER, IF you were placed on Academic Probation, your academic achievements in the Spring or Summer WILL NOT affect your Academic Standing with the University.** You may achieve your Annual 2.0 GPA but you will still need to fulfil the University probation requirements.

ARTICLE 3. CODE OF CONDUCT GENERAL

1. Eagles staff and student-athletes are ambassadors for The King's University College. The efforts and accomplishments of the department and our student-athletes are a source of pride for the entire University community. In accordance with our scriptural responsibility to be Christ-like in all that we say and do (Philippians 3:18-21, Ephesians 4:29-32), participants in the King's Athletics programs are expected to show respect to coaches, officials, teammates and opponents.
2. We also know that character is often revealed through competition and therefore athletics can be used by God to help change character. The athletic environment is a testing ground for faith and provides an opportunity to put faith in action under stressful circumstances. If a player's character is consistently negative and not respectful of others, this poor conduct may result in a suspension.
3. Persons who do not profess the Christian faith are welcome to participate in the King's Athletics program, but are expected to abide by the guidelines of The King's University College and the Athletics Department.
4. Membership on our teams is a privilege; not a right. Representatives of Eagles Athletics are expected to conduct themselves responsibly in competition, practice, and in all public forums.
5. Team members should dress neatly and be well mannered when representing The King's University College.

SECTION 3.01 CONDUCT & ETHICS

1. The primary purpose for attending The King's University College should be for the educational program in which student-athletes are enrolled. As a result, the first responsibility of student-athletes is toward the successful completion of their academic work.
2. As a member of an Athletics team at The King's University College, the student-athlete is a representative of the entire institution, and therefore is expected to assume responsibilities and conduct themselves in a manner that is appropriate to this representation. It is the duty of each member of a team to discourage irresponsible conduct on the part of a teammate.
3. Student-athletes will not be given any preferential treatment in other areas of University life.
4. Each student-athlete is personally responsible to the university for the care of equipment and apparel that is provided in each sport.

5. The coach of each team and the Director of Athletics are responsible for the actions of all student-athletes. After consultation with the Director of Athletics, a student-athlete may be removed from a team at the coach's discretion for conduct detrimental to the University.
6. As stated in Article II, Section 5.4, Item 4 from the ACAC Operating Code: No individual shall enter a sexual relationship with a consenting adult who will be or is subject to that individual for evaluation or supervision. Any individual in a position of professional authority will decline or terminate their relationship until after their supervisory role or evaluation role is complete or terminate this role. Even consenting relationships can inflict irreparable damage to the sporting environment and is detrimental to the image of the University and Eagles Athletics. Such relationships are considered a breach of professional ethics even if initiated by the student-athlete, and are not tolerated by the University or the Athletics Department.
7. Relationships amongst student-athletes must not create an uncomfortable environment for others or become a source of distraction. In public you are an ambassador of King's and your actions should honour God and reflect that of a Christian University.

SECTION 3.02 CCAA ANTI-DOPING COURSE

Each student-athlete must complete the mandatory CCAA Anti-Doping Course. This CCES Online Learning course is required for all student-athletes to complete BEFORE their first game/match. As a student-athlete competing within the ACAC you will be subject to announced or unannounced CCES drug testing.

SECTION 3.03 ALCOHOL AND BANNED DRUGS

The consumption of alcoholic beverages is **not permitted** on campus. When travelling, sports representatives are **required to abstain** from the use of alcoholic beverages in keeping with The King's alcohol policy. Each student-athlete shall abide by the rules and regulations and accept the responsibilities stated in the Student Handbook. Student-Athletes are specifically cautioned that a violation of the alcohol policy could not only result in suspension from the athletic team, but dismissal from the University.

The King's University College Athletics Department strongly encourages a lifestyle that promotes healthy living and personal responsibility. As student-athletes, it is important to recognize that consumption of alcohol and use of tobacco products is not conducive to athletic performance.

The King's University College is unequivocally opposed to the use of any banned substance in contravention of the rules of any national or international sports federation or the law of the land. At no time shall an Eagles Athlete use or be under the influence of drugs not prescribed by a physician and not approved by the CCAA.

A violation could not only result in suspension from the athletic team but dismissal from the University, as well as a possible ban from playing in the CCAA.

SECTION 3.04 SUSPENSIONS

A Head Coach or Director of Athletics may at any time and without notice reprimand a student-athlete, suspend the student-athlete from the team, or impose conditions of probation on the student-athlete's continued participation on the team if the student-athlete has engaged in misconduct or violated policy. The conditions of a suspension will be dealt with on an individual basis by the Athletics Department.

SECTION 3.05 INITIATION ACTIVITIES

1. Hazing is NOT permitted and any such occurrence will be dealt with severely. An affirmation of the dignity, worth and autonomy of the individual must guide any initiation activity and any suggestion of coercion must be avoided.
2. Student-athletes have the RIGHT to an environment that is safe and free from unwanted and uninvited attention. Furthermore student-athletes have the RESPONSIBILITY to avoid engaging in activities likely to cause personal injury, intimidation or harassment.

SECTION 3.06 GAME & PRACTICE CONDUCT

1. All University College competition occurs under the auspices of the ACAC and therefore must conform to the Association's expectations.
2. Administrators, coaches and athletes must show respect for all coaches and athletes from opposing institutions.
3. Athletes must avoid any intimidation or harassment of the opponent.
4. Internal University College publicity and promotion must be designed to encourage a positive image.

SECTION 3.07 RELATIONSHIP TO OFFICIALS

1. Administrators, coaches and student-athletes are expected to share with game officials, the orderly conduct of any athletic event by acknowledging the authority of the officials in a contest and by relating to them in a positive and respectful manner.

SECTION 3.08 FAIR PLAY

1. Fair play is an attitude, a way of thinking that can be applied to every aspect of life. Through involvement in sport, athletes learn about setting goals, making commitments, discipline, working hard and enjoying the challenge.
2. Student-athletes must learn to respect their own abilities and those of opponents.
3. Players must demonstrate fairness, integrity, and respect at all times. This means:
 - a. respect the rules
 - b. respect the officials and their decisions
 - c. respect opponents
 - d. maintain self-control at all times
 - e. respect teammates and coaches.

SECTION 3.09 COMPLAINT PROTOCOL

If a student-athlete has a concern with an Athletics Staff they should follow the procedure below:

- a. Discuss concern with the individual
- b. If the issue is still not resolved, the student-athlete should then submit his/her complaint in writing to the Director of Athletics.

SECTION 3.10 APPEALS

1. All individuals who have been disciplined for any of the above reasons have the right to appeal to the Director of Athletics.
2. An appeal must be made in writing within an appropriate timeframe.
3. The Director of Athletics will then approach members of the Athletics Staff (not directly involved with the student-athlete) to form an Appeal Committee and make a final ruling.

ARTICLE 4. RIGHTS OF STUDENT-ATHLETES

1. To try out for varsity teams and be given fair consideration for selection.
2. To participate in an environment that is safe and free from harassment.
3. To be informed honestly and fully about the reasons for rules and regulations.

4. To voice concerns to the Team Captain, Assistant Coach, Head Coach or Director of Athletics.
5. To appeal decisions or rulings through established institution procedures.
6. To provide feedback on the coach(es) and program to the Director of Athletics, and through post-season evaluations.

SECTION 4.01 GENDER EQUITY POLICY

The King's University College is committed to provide an equal opportunity to male and female student-athletes alike. Teams have equal budgets per gender although not per sport depending upon the length of schedules, squad sizes, and equipment.

ARTICLE 5. ACADEMIC SUPPORT SERVICES

1. Tutors are available for free to any King's student.
2. Academic Advisors will advise student-athletes on programs and course offerings, and provide eligibility checks to ensure that student-athletes are making normal progress towards a degree. The student-athlete must initiate communication with Academic Advisors concerning their academic progress.
3. If a student-athlete who has been identified as in need of support services does not conscientiously utilize those services or is delinquent in academic performance (class attendance, completion of assignments, etc.):
 - a. The coach, after consultation with the Director of Athletics, can suspend the student-athlete from practice and competition until the situation is rectified.

ARTICLE 6. REVENUE GENERATION

1. Funds are provided by The King's University College to cover expenses incurred with ACAC competition along with a small amount that is available for exhibition play/travel. If exhibition costs exceed what is available in the budget it will be offset, in advance, by fundraising efforts.
2. The Director of Athletics will coordinate all athletic fundraising activities with the Athletics Staff (coaches). No athletic fundraising may be initiated without the consultation and approval of the Director of Athletics and the Director of Development.

ARTICLE 6.01 ADOPT AN EAGLE DONOR PROGRAM

Supporters can make donations on behalf of a player to a team through the Adopt an Eagle Donor program and receive a charitable tax receipt for their donation. Donations cannot be allocated to a specific individual.

ARTICLE 6.02 SPONSOR PROGRAMS

Businesses have an opportunity to team up with Eagles Athletics and be a team sponsor.

White Sponsor - \$1000+

- 4' x 6' sign in gym
- Recognition in Game Day Program

Blue Sponsor - \$2000+

- 4' x 6' sign in gym
- Recognition in Game Day Program
- Recognition on King's University website

Gold Sponsor - \$3000+

- 4' x 6' sign in gym
- Recognition in Game Day Program
- Recognition on King's University website
- Recognition as 'official' Team Sponsor (includes sponsor logo on team jackets, etc)

SECTION 6.03 MANDATORY ATHLETE FEES/DEPOSITS

1. Each student-athlete will be assessed the following Fees:
 - a. Athletics Banquet Ticket - \$25
 - b. Team Fee – Determined by each team for team gear/exhibition
2. Each student-athlete will be assessed the following Refundable Fees:
 - a. Uniform Deposit - \$100

Deposits will be available for pick-up from the Registry once the entire team returns their washed jerseys to the Athletics Department at the conclusion of the season.

SECTION 6.04 TEAM TICKETS

1. Each varsity member will receive free admission to all Eagles Home games. Student-Athletes must present their student card in order to be admitted free of charge.

2. For HOME GAMES the Athletics Department will issue to each student-athlete TWO SEASON PASSES. These passes are good for only two parents/guardians and/or guests of the player's choice.

ARTICLE 7. MISCELLANEOUS

SECTION 7.01 UNIFORMS AND EQUIPMENT

1. Uniforms and Equipment are the property of The King's University College and must be returned at the end of the season. Any student-athlete who loses, or damages through abuse a team uniform will forfeit the uniform deposit. Any student-athlete who loses, or damages any University equipment will be required to reimburse King's for its replacement value.
2. Team Uniforms will be washed in the Gymnasium Laundry Room on Mondays following games. Laundry bags and hampers will be located in the team rooms. Washed uniforms will be returned by Thursday.

SECTION 7.02 LOCKERS

1. To obtain the use of a locker in the gym change rooms, please check with the Athletics Office staff. There are a limited number of lockers, and these will be assigned on a first-come first-served basis to student-athletes and staff. You must provide your own lock.

SECTION 7.03 EQUIPMENT BORROWING & FACILITY USE

1. Upon presentation of your King's Student Card, equipment may be lent to the cardholder only. The card will be returned to the borrower on return of the same equipment. Additional equipment may not be borrowed until the initial equipment has been returned.

SECTION 7.04 TEAM LOCKER ROOMS

1. Codes to enter team rooms should remain exclusively within each team for security against theft.
2. Team rooms must be kept tidy throughout the year and cleaned out after completion of the season. Any items left in the team room after the last day of exams will be donated to local charity.

SECTION 7.05 TRAINING ROOM

1. The Training Room has been provided for the student-athletes use. There is an Ice Machine, Whirlpool, Hydrocollator (Wet Heat Packs) and tape supplies. The room may be used at any time before or after your practice or games. (The Key may be checked out from the Workout Centre/Staff).
2. The Training Room is also the FIRST AID ROOM for the University. Please do not use any of these supplies.

SECTION 7.06 CONCESSIONS STAND/EAGLES GEAR

1. The Athletics Department operates a Concession Stand during Home games/matches for the Volleyball and Basketball Games.
2. Eagles Gear is sold during the Home games/matches.

SECTION 7.07 PLAYER OF THE WEEK/ WEEKLY ATHLETICS REPORT

1. Each week the Athletics Department will nominate one Male and one Female Athlete of the Week to the ACAC for the "ACAC Athlete of the Week". The nominated athletes will also receive recognition as the "Eagles Male and Female Athletes of the Week". Nominations must be submitted from the coaches by NOON Monday.
2. Each team may submit a weekly summation of their team games/stats for the Website by NOON each Tuesday.

SECTION 7.08 ARRANGING FOR MISSED MEALS DURING PRACTICE

1. All student-athletes (Basketball, Soccer or Volleyball) who will miss their evening meals because of their scheduled practices or games are to make individual arrangements with the Kitchen Staff.
2. Pre-orders of food must be made prior to 5:00pm. Even if the cafeteria is closed, players may go to security to access their food from the cooler.

SECTION 7.09 THE WORKOUT CENTRE

The Workout Centre is available to ALL students. Teams may pre-book a team workout time through the Athletic Department.

ARTICLE 8. COMPETITIONS

SECTION 8.01 DEPARTURE

1. For road trips, all members of the travelling group are expected to be at the place of departure at the designated time.

SECTION 8.02 MEAL MONEY

The following Meal Money rates apply for student-athletes on University sanctioned athletic events. Rates are based on the number of meals for the duration of the trip. Team allotment is budgeted for 12 VB/BB players and 18 soccer players.

Breakfast	\$4
Lunch	\$6
Supper	\$10

SECTION 8.03 HOTEL ACCOMMODATIONS

1. Required overnight lodging will be provided for all regular and post-season trips that have been approved by the Director of Athletics.
2. Student-athletes are not permitted any incidental charges such as phone calls, movies, room service, etc.

SECTION 8.04 AUTHORIZED TRAVEL PERSONNEL

1. This schedule applies for regular season play only. The indicated travel number will be covered in the regular season operating budget. (Exceptions must be approved by the AD)

Sport	Travel Athletes	Travel Staff
Men's Basketball	12	2
Women's Basketball	12	2
Men's Volleyball	12	2
Women's Volleyball	12	2
Men's Soccer	18	2
Women's Soccer	18	2

2. Players may choose NOT to Travel with the team to or from games after they have signed the Travel Release waiver and informed their Coach.

ARTICLE 9. COACH EVALUATIONS

1. Coach Evaluation Forms are distributed to the players after the season is over by the Athletics Department. This evaluation is confidential with the information being given to the Director of Athletics who then reviews these results with the coaches.

ARTICLE 10. HEALTH

SECTION 10.01 INJURY HISTORY AND TREATMENT

1. The physical well being of all King's student-athletes is our first priority. A physician and/or therapist when necessary should administer treatment of all student-athletes, as a result of an athletics injury.
2. A history of injuries must be provided to the coach before the student-athlete is able to compete or train. The following conditions must be reported:
 - Injuries to the head, neck, back, shoulder, knee and internal organs
 - Fractures, broken bones, dislocations, pulled muscles, strains, sprains and tears less than one year old.
 - Any serious illness less than one year old.
3. Failure to report injuries or special medical conditions releases The King's University College from any liability in the event of another injury caused by the unreported condition.
4. Decisions concerning practice and game participation are at the discretion of the Head Coach who may request written medical clearance from a physician or therapist.
5. The Athletics program will not be responsible for injuries or illnesses that occur when the student-athlete is not actively engaged in a formal, official game or practice during a competitive season.

SECTION 10.02 INSURANCE CLAIM PROCEDURE

1. Report and record injury with your coach and complete an Accident Report form.
2. Visit a medical doctor for appropriate treatment and/or advice. If you do not have your own coverage, see Athletics Staff for Insurance Claim forms.

SECTION 10.03 EMERGENCY PROTOCOL

INJURY OCCURRING DURING PRACTICE

1. Send someone to call appropriate emergency medical assistance. Do not move the injured athlete. Make him/her comfortable and be reassuring that medical assistance is on its way.
2. If the injury or accident is not a serious emergency, apply ice, compression and elevation to the injured body part. A properly supplied first aid kit must always be at practice and games.
3. If the injury is of a serious nature call Emergency at 911.

INJURY OCCURRING DURING AWAY COMPETITION

1. The student-athlete should be taken to the nearest emergency room located in the area of the school you are competing against. When arriving at the hospital, inform medical staff that it is a sport-related injury. (Teams will be required to carry copies of each player's insurance information in their First Aid Kit).
2. Upon returning to King's University College the Director of Athletics must be informed immediately or as soon as possible.
3. The Director of Athletics and/or Coach will provide the necessary forms for the student-athlete to sign. The Insurance Claim Procedure cannot be followed unless the proper forms are completed.

ARTICLE 11. AWARDS BANQUET

1. The annual Athletics Awards Banquet will be held on Saturday, March 31st from 4:30-8:00pm.
2. Student-athletes who participate in the Athletics programs are eligible to receive a variety of awards. Award recognition is contingent upon the individual's effort, attendance, sportsmanship, academics and overall contribution to their team and to The King's University College.
3. The affair is semi-formal and attendance by all Athletics Staff and student-athletes is encouraged. Each student-athlete is given two tickets for parents/guardians courtesy of the Development Department.

SECTION 11.01 AWARDS TO BE GIVEN OUT ANNUALLY

1. **"Bald Eagle" Team Award:** Originally started by the Women's Basketball team in 2007 to raise funds in support of Cancer Research, the criteria for this award has evolved into a means of honouring The King's University College Athletic team that best represents what it means to be an "Eagle". As a result, this award is presented to the team that has best represented both

King's and our Lord Jesus Christ in the community and has demonstrated excellence in the following areas: performance in the ACAC, academics, sportsmanship, school spirit, and community service.

2. **Student Life Award – Athletics**: The King's University College provides two \$400.00 merit awards (one male, one female) to a full time returning student-athlete who deems to have made the most significant contribution to athletics at The King's University College during the previous year. Selection criteria will include athletic involvement, King's community involvement, and academic standing.
3. **Eagles Team Academic Award**: The King's University College is proud to highlight academic success of its student-athletes. This award is presented to the team with the highest GPA in the fall semester.
4. **Rookie of the Year**: This award recognizes a male and female student-athlete who has shown the most improvement and potential in their first year of participation on an Eagles Athletic team. Recipients are chosen based on: athletic performance, academic commitment, teachable spirit and potential for future leadership.
5. **Athlete of the Year**: This award recognizes a male and female student-athlete who demonstrates the highest degree of athletic excellence among his/her peers and is a tremendous representative of Eagles' Athletics, The King's University College and of our Lord Jesus Christ. Academic standing, athletic performance and leadership, as well as commitment to team and the greater community are considered in determining the recipient of this award.

SECTION 11.02 TEAM AWARDS

These awards are given out to student-athletes on each team that compete in the ACAC.

1. **Most Valuable Player**: This award recognizes the student-athletes that have played a key role to their team's success by contributing in the following areas: performance, leadership, work ethic, willingness to keep learning, good sportsmanship and academics. This athlete must also be seen as a team player and someone who builds into his or her teammates by being an encourager and role model.
2. **Most Improved Player Award**: This award recognizes the student-athletes that have made a significant contribution to the success of their respective team while also achieving a level of personal improvement. Attributes such as teachability, work ethic, positive attitude and academics are also considered.
3. **Leadership Award**: This award recognizes the student-athletes that are seen by their teammates and coaches as a strong leader and motivator.

Recipients of this award are players who have proven diligence in their academics, have demonstrated an ability to lead by example, have shown a willingness to make sacrifices for their team and are able to challenge their teammates by holding them accountable to team goals and expectations.

SECTION 11.03 ACAC ALL-CONFERENCE AWARDS

1. ACAC All-Conference Team awards will be awarded each year to student-athletes upon successful nomination to one of the ACAC All-Conference Teams.
2. ACAC Academic awards will be sent out each year to those student-athletes that have achieved an Annual GPA of 3.5 or higher.
3. ACAC Coach of the Year awards will be awarded to a coach of his/her sport at the end of the year upon successful nomination by his/her peers in the ACAC.

SECTION 11.04 CCAA ALL-CANADIAN AWARDS

The CCAA All-Canadians are chosen by the ACAC. Student-Athletes awarded this prestigious distinction will receive a plaque as well as a banner in the gym once they have finished competing for King's.

SECTION 11.05 SIRC-CCAA ACADEMIC ALL-CANADIAN AWARDS

SIRC-CCAA Academic All-Canadian Awards are awarded to student-athletes that were named to an ACAC All-Conference Team and achieved an Annual GPA of 3.5 or higher. Those receiving such honours will have their names added to the Academic All-Canadian Banner in the Gym.