



The King's University offers an exceptional liberal arts education from a Christian perspective. Located in Edmonton, Alberta, King's serves students from across Canada and around the world. Join a dedicated team who have a desire and common mission to see students grow in a dynamic and nurturing Christian environment. People who love working and succeed at King's serve God gladly, work collaboratively, think creatively, and embrace diversity.

Sessional Instructors, Kinesiology

Part Time, Sessional

POSITION SUMMARY

The Faculty of Social Sciences at the King's University is seeking sessional instructors for the following courses in the 2023-24 academic year. Each course meets for 3 hours per week, plus labs where indicated.

COURSE DESCRIPTIONS

Fall 2023

KINS 222 – Strength and Conditioning

Tuesday, Thursday 2:00-3:20pm

This course is intended as an introduction to the basic principles of strength training and cardiovascular conditioning. Emphasis is placed on fitness testing and evaluation, training techniques, program design, methods of training and implementation. Students will learn to administer and interpret fitness assessments, develop training programs, and monitor training.

Winter 2024

KINS 216 -- Introduction to Volleyball

Tuesday, Thursday 9:30-10:50am

This course includes basic instruction in volleyball. Content will include the theory and practice of the fundamental skills with an overview of history, strategies, training rules and regulations. Emphasis is divided equally between skill acquisition and the pedagogy of skills as required by the National Coaching Certification Program (NCCP).

KINS 255 – Personal Physical Fitness and Wellness

Lecture: Tuesday, Thursday 2pm-3:20pm

Labs: Wednesday 1pm and 3pm

This introductory course examines many of the determinants of total wellness and is intended to assist students in developing an awareness of lifestyle issues, to provide them with information about a positive, healthy lifestyle and ultimately to encourage them to adopt healthy practices. Emphasis will be placed upon knowing and understanding basic concepts of fitness, nutrition, elementary first-aid, stress and disease control and applying these in the lab. A holistic approach will provide students with a deeper understanding of their responsibility for personal wellness as part of God's creation.

KINS 300 – Fundamentals of Coaching

Tuesday, Thursday 3:30-4:50pm

Introduction to the multifaceted field of coaching sports and physical activities. Topics include motivation and communication, skill analysis, training, ethics and sport management.

KINS/PSYC 396 – Health Psychology

Wednesdays 6:30-9:20pm

In this course students will examine theoretical explanations and empirical evidence concerning the influence of psychological factors on health and illness. Students will learn about clinical practice in the field of health psychology and learn how to approach assessment and intervention with knowledge of the biological, psychological, social, and spiritual factors that interact to influence health and illness. Topics of study will include an introduction and brief history of health psychology and three primary modules: stress, illness and coping, health behavior change and health promotion and the management of chronic and life-threatening illness.

We anticipate that these courses will be offered synchronously and in person at our campus in Edmonton. However, under exceptional circumstances, other modes of delivery may be considered. When applying, please indicate whether you are available to teach synchronously and in person

QUALIFICATIONS

- MA or PhD in Kinesiology or related field
- Post-secondary teaching experience as either a primary instructor or teaching assistant.
- Assent to the University's Christian Statement of Faith

A condition of employment is assent to the University's Christian Statement of Faith found at:

<https://www.kingsu.ca/about-us/careers>

Position will remain open until a suitable candidate is found.

Apply by submitting a resume and cover letter through our online portal at [kingsu.ca/about-us/careers](https://www.kingsu.ca/about-us/careers).

Dr. Michael DeMoor, Dean of Social Sciences

The King's University
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Visit our web site at www.kingsu.ca.

We appreciate all applicants for considering The King's University as a potential employer, however, only those considered for an interview will be contacted.

The King's University respects, appreciates and encourages diversity. We welcome applications from all qualified individuals including members of visible minorities, Indigenous, First Nations, Metis, and Inuit peoples and persons with disabilities. All qualified candidates are encouraged to apply; however, Canadian citizens and permanent residents will be given priority.